# Equipping Yourself

making informed investments



# **For Young Investors**



Investing can help you save money to do the things you want to do: go to college or university, travel the world or buy your first car.

Read on to learn about how to get started.

# **Financial Fitness Challenge**



Start your training now! Take the <u>Financial Fitness Challenge</u>! Whether you want to buy an iPhone, take a trip to Barcelona or buy your first car, you've got to save up to make it happen. The bigger your goals, the more hard work and planning you'll need to make them a reality.

Chances are you wouldn't make any of these purchases without doing your research. The same goes for investing. Before you invest your hard-earned money, read <u>Investing 101(  $\Rightarrow$  PDF)</u> to learn about the different kinds of investments and how they work.

#### Learn to manage your money and a new world will open itself to you!

The Financial Fitness Challenge information, videos and interactive features remain available year-round to youth and teachers who visit www.financialfitnesschallenge.ca.

## Make It Count



We know that when kids learn about responsible money management at a young age, the lessons will pay dividends throughout their lifetime. They will be more independent and self sufficient, they will be able to make their own decisions and choices, use good judgment and look at consumption in a realistic way and they will acquire the skills and knowledge to be financially secure.

At the CSA we recognize that talking about money management may be an uncomfortable topic for many parents/families. So to help encourage the discussion, we have developed Make it Count: A Parent's Guide to Youth Money Management. The Make it Count guide is broken down into five straightforward sections in which

parents can quickly access the information they need. Sections include: out and about, lessons for life, milestones, fun with friends and extras with topics like dining out, earning money, online safety, first cell phone, budgeting and recreational spending. Also included in the guide are youth budget sheets, mentor budget sheets and saver sheets to help make money management easier.

So, let's have the talk and let's Make it Count!

### The Money-Belt



The Financial Consumer Agency of Canada has developed the <u>Money Belt</u>, your gateway to financial learning. Here, you can build your knowledge andconfidence in handling finances and situations involving decisions about money. It's the place to get practical tips and test what you know — and don't know — about managing money without the risks and consequences you would encounter in real life.

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